



HOLY TRINITY

BRUSSELS

Lent 3
12 March 2023

Our readings this week

Nowhere is water more important than in hot, dusty lands. Small wonder that it provides the Bible with a regular picture for the Holy Spirit.

Exodus 17 1-7 God's provision in the wilderness of water from the rock is one of his mighty acts. Constant grumbling by the Israelites marks that time, too. They do not seem able to remember what God has already done for them, or to trust his providence. "Is God among us or not?" Yes, he is, meeting the needs of those who trust his providence.

Psalms 95 The water flowed from the rock at Horeb, and it is to God, the rock of Israel's salvation, that his people should address their praise, with all the joy and inspiration that the Spirit gives us. But mention of the rock recalls Israel's unbelief in the wilderness, which delayed their entry into the Promised Land. If we are to obtain God's rest, we must be ready to trust his providence.

Romans 5 1-11 God provides for his people. Time and again, that has been their experience. The fullest, most personal, way that he meets our needs is when Christ reconciles us to God without us having to do anything but accept the grace he offers. He does so at just the right time, when we are powerless. Then he pours his love into our hearts, by his Spirit.

John 4 5-42 The Samaritan woman wants to talk, but without the discussion coming too close. The water that Jesus offers is attractive, if it can satisfy her thirst forever. No more need to draw water in the noonday heat! But first she must first face up to herself. When she does, many others believe too. There are many with a thirst that they long to have satisfied – now, as then.

Pointers for prayer

- Is there something bothering me that I have not brought to God?
- Often it is hard to face ourselves. If we do, Jesus will help us in his loving way;
- It is when we feel powerless that we are most open to God's grace and love;

Worship this week

Sunday 12, March 2023

9:00 Holy Communion

Leading: Paul Vrolijk
Preaching: Richard Bromley

10:30 Holy Communion

Leading: Paul Vrolijk
Preaching: Richard Bromley

[Zoom: YouTube](#)

14:00 Holy Communion

Leading: Grace West
Preaching: John Wilkinson

[YouTube](#)

18:00 Service of the Word

Leading: Teus Vermeer
Preaching: John Wilkinson

Contact our Interim Youth Coordinator [Philip Milton](#) for more details about children's and youth activities.

Wednesday, 15 March 2023

12:30 Holy Communion

Leading: Annie Bolger
Preaching: Teus Vermeer

[Our Service programme for the month](#)

Gift account for pledges and donations:

The Friends of Holy Trinity
Brussels asbl

IBAN: BE67 1030 7048 2187

Donations to the Community Kitchen

@HTB ASBL Gift Account
IBAN BE92 3631 1846 4423
BIC code: BBRUBEBB

The Prayer Chain

welcomes requests for prayer for any situation with complete confidentiality. Please contact Janine Vrolijk on janine.vrolijk@gmail.com or Carole Ludlow on celudlow@gmail.com.

Please avoid taking photos or videos during the Service unless you have sought prior permission to do so.

Thank you!

Lent booklets The meditations for Lent written by members of our community are now available on the church website <https://www.holytrinity.be/lent-and-easter>. You can read them daily or download as a book. They are posted daily on <https://meditationswrittenbymembersofholyltrinityprocathedral.wordpress.com/> and the Holy Trinity Brussels Facebook page.

This year's **Bishop's Lent appeal** is to support the Anglican community of St Augustine's in Rabat, Morocco. Read all about it in [Bishop David's letter](#). Contributions can be made via Holy Trinity from our donation station or to **The Friends of Holy Trinity IBAN: BE67 1030 7048 2187 with reference 'bishop's lent appeal'**. All funds will then be transferred to the Diocesan account in the UK.

Lent Lectio Divina group We will offer a Lectio Divina (prayerful Scripture reading) group during Lent. Join us on **Wednesdays at 11:15 at Church House**. It is entirely possible to stay afterward for the midweek service at 12:30 and for Lent soup if you so desire. Contact Annie for more details (annie.bolger@holyltrinity.be).

Lent Soup Join us for the midweek service on **Wednesdays at 12:30** and stay afterward for a simple lunch of soup and bread. Donations will be collected to support the Community Kitchen. Contact Annie for more details (annie.bolger@holyltrinity.be).

Be welcome today at the **Bring and Share lunch** which will be held after the 10:30 service. This will take place down in the Walker Hall between 12:30 and 14:00. Please bring a dish to share. Water and juice will be provided.

Seniors' Spring tea party

We will hold an in-person tea party at the home of Pam Clements at 31 Avenue Leopold III, 1970 Wezembeek-Oppem on **Thursday, 23 March** from **15:00 to 17:30**. You are welcome to come along! Please let admin@holyltrinity.be or Pam Clements (pamclements@outlook.com / 0474 970 876) know if you would like to attend.

An Invitation to an Iftar Up to 8 members of Holy Trinity have been invited with other Christians in Ixelles to an Iftar (**the evening breaking of the Ramadan fast**) by the Mosque at rue Malibran 72. **On Saturday 25 March**. This Iftar starts at 19h, preceded by an optional visit to the mosque at 17h30 (gathering at 17h). We gather at 5 pm but the visit to the mosque is optional, so people can join at 6:45 pm if they prefer. **Participation is for free but a contribution for the victims of the earthquakes in Turkey and in Syria is suggested.** This is a great opportunity to grow in our understanding of Islam and of our Muslim neighbours. Please let John Wilkinson know, as soon as possible, if you would like to come. Numbers are limited.

Books away Sunday! - 26 March Clear your shelves! Refresh your shelves! No cash involved, all for free. Christian books only, in a reasonable condition. Bring books down to the hall before the 10:30 service, take books after the 10:30 and 2 pm and evening services - bring a bag (or two). (N B, we have no storage space, left over books will be binned after 2 weeks). Contact Ann Milton for further info ann.r.milton@gmail.com

Online Morning and Night Prayer

On weekday mornings at 9:00 some of us from the various congregations join together to pray. We use the app found at <https://www.chpublishing.co.uk/apps/time-to-pray>

Everyday the congregation is different, you may know the people you may not but we join together as children of God. The service lasts about 15 minutes. The zoom link is <https://us02web.zoom.us/j/82809036058#success> and the password htb.

On weekday evenings at 21:00 some of us from the various congregations join together to pray. We use the app found at <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>. Everyday the congregation is different, you may know the people, you may not but we join together as children of God. The service lasts about 20 minutes. The zoom link is <https://us02web.zoom.us/j/89837499334#success> and the password htb.

For requests and offers of accommodation or employment, Holy Trinity Brussels is not responsible for asking for appropriate checks and references, nor for any contracts. These are the responsibility of all the parties involved.

Bishop Robert will be with us on **Sunday 7 May (afternoon)** for a **Confirmation Service**. If you would like to think about being confirmed or would like to know more about what it means, please have a word with one of our clergy, [register online](#) or email admin@holytrinity.be

Tracy Sibomana, wife of Eric and member of our 14:00 congregation is starting her own business in communication. Before that, she would need to create a portfolio of projects she has worked on. Hence, she is offering her services (in French) for free for writing newsletters, press releases, speeches and thank you notes (or any kind of notes). She can be contacted by email on tracysibomana@gmail.com.

If you are new or visiting us for the first time, and would like to stay in touch, please [sign up here](#) to receive our weekly newsletter.

Accommodation wanted A young Masters level student Tomas Marhefka is looking for accommodation in Brussels from 14th June to 26th July (6 weeks). During his stay, he will be employed by the office of a member of the European Parliament. If you can help or if you know of any place, please contact him via email tmarhefka811@gmail.com or phone +421940240340.

The Wider Church

The Mark Drama Extravaganza is a 90-minute play based on the gospel of Mark. It's an innovative way of experiencing the Gospel of Mark and communicating it to others; performed as theatre-in-the-round with minimal props. You can read more about it here - <https://themarkdrama.com> The **Extravaganza will take place from 12-16 March; in FR/EN**. To order and pay for tickets: <https://ichtus.be/tickets/>

The chapel for Europe (Rue Van Maerlantstraat 22-24 B-1040 Brussels) is running a series of 5 workshops on **Spirituality for busy people**. The first one will be held on Thursday, **23rd March from 18:30-21:30** and is entitled "**Following Bible leaders, discovering your own personal profile**". For more details on the Speakers, other practical information and to know how to sign up, please go [here](#).

Godspace is offering a day-retreat in English – time away for inner reflection. A few hours of prayer, reflection, and time to be still. This will be held **on 1st April from 10:00 to 15:30** at Les Fraternites du Bon Pasteur, Rue au Bois 365 B, 1150 Brussels **Price: 15 eur per person** Sign up via <https://stpaulstervuren.churchsuite.com/events/irfexe7j> Booking is now open. For more details contact Sonja Stark on Sonja.starkbe@gmail.com

**The Pro-Cathedral of Holy Trinity Brussels
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Office hours: Monday, Wednesday, Thursday and Friday 9:15 to 12:30; Tuesday 9:15 to 16:00

Newsletter items: to admin@holytrinity.be by 9:00 Wednesday

Senior Chaplain & Canon Chancellor: The Revd Canon Dr Paul Vrolijk paul.vrolijk@holytrinity.be

Canon Pastor: The Revd Canon John Wilkinson john.wilkinson@holytrinity.be

Associate Chaplain: The Revd Dr Catriona Laing catriona.laing@holytrinity.be

Assistant Chaplain: The Revd Jean Bosco Turahirwa jean.bosco.turahirwa@holytrinity.be

Assistant Curate: The Revd Annie Bolger annie.bolger@holytrinity.be

National Anglican prison chaplains based at HTB:

Mrs Grace West, The Revd Charles Kabera, Mr Eric Sibomana

MES Intern: Guido Bowen guido.bowen@holytrinity.be / Teus Vermeer teus.vermeer@holytrinity.be

Readers: Ms Heather Roy; Mrs Ozichi Baron; Mr Jacob Quick; Mrs Grace West; Mr Arttu Makipaa

Interim Youth Coordinator: Philip Milton philip.milton@holytrinity.be

Precentor/Music Director: Dr David Mitchell david.mitchell@holytrinity.be

Central Committee of the Anglican Church in Belgium (based at HTB)

Chaplain-President: The Revd Canon Prof Jack McDonald

Secretary General: The Revd Canon Stephen Murray secretary@anglican.be

Second Secretary: Mr Charles Melebeck